

The playroom on the floor has many games and books. You can bring any toys or games to your child's room.



You can always ask for "Ali" our child life specialist who can always find something fun to do. The child life specialists schedule different programs everyday with visiting volunteers from local and international institutions. You may also bring games, books, radios, tapes, a DVD player, PSP or other items to keep busy. Visitors who are not family can visit from 4-8pm.

### What about my child's school work?



Your child's teacher can send school work to do during the hospital stay to keep up with their classmates. There is a school teacher on the unit who can work with your child if they need any help.

### What time will my child be discharged?

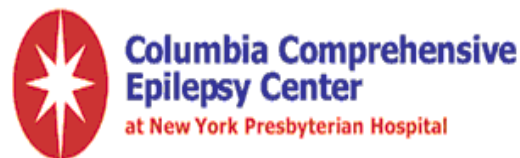
Discharges typically take place between 10 am and 12 noon following

reading of your child's EEG and review of the medical plan with you and your child. Please let us know if there are special considerations or arrangements that you have for discharge and we will make arrangements.

### What if I have questions or need to change my appointment?



You can call the Pediatric Epilepsy Center at (212)-305-7549 and speak to the Epilepsy Monitoring Unit Coordinator Jemnoy Valera or one of the Nurse Practitioners, Karen Eck or Susan Jacob. We know that a hospital admission can be stressful and we will make every effort to decrease this stress and make your stay as easy as possible.



Pediatric Epilepsy Center  
180 Fort Washington Avenue  
Room 501  
New York, NY 10032  
Phone (212)305-7549



## Epilepsy Monitoring Unit

### What is Epilepsy Monitoring?

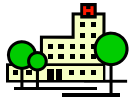


Epilepsy monitoring is recording your child's EEG or brain waves and video at the same time.

### What is an EEG?

An EEG is a special test that records brain waves to diagnose seizures or epilepsy. The test is done by attaching wires to the head with glue. This does not hurt at all however please let us know if your child has difficulty with someone touching his or her head.

## Where does the EEG take place?



Our Epilepsy Monitoring Unit is located on the sixth floor of the Children's hospital of New York Presbyterian. (CHONY) which is located on the corner of 165th street and Broadway. The EEG takes place in a hospital room that is specially wired for this test. Your child will be able to move anywhere in the room. The video does not record in the bathroom.

## What should I do to get ready?

Once you have your appointment date, someone will call you to come to the hospital on the day of admission. Sometimes we do not have an empty bed so we may have to change your appointment to the next day. This does not happen often.

## What time should I get there?



You will be told when to arrive at the hospital with your child. Generally you should plan to be at the hospital before 2pm unless you are told differently.

## What should I bring?



You should bring pajamas or any comfortable clothing for your child. It is best to bring shirts that button, snap or zip in the front so you can change if necessary after the EEG is connected. You can bring a laptop, DVD player or PSP if you wish. You can also bring any toy or special blanket that will help your child feel right at home. Please let us know if your child requires any special diet or equipment during the hospital stay.

## Do I need to stay in the hospital?



One parent needs to stay with your child. There will be a sofa that opens to a bed where you

may sleep. Sheets and pillows will be provided but you should wear comfortable clothes and bring food to eat. There is a microwave and refrigerator on the floor to use.

## What about my child's medications?



You should bring all medications in the pharmacy containers for the doctors and nurses to check. These will be stored in the medication room until you leave. You will give your child all the same doses of medication before admission unless your doctor tells you to change them.

## How will I keep my child busy in the hospital?



There are movies and games on demand in the TV and you can also go on the internet through the TV. If you bring a laptop there is wireless internet also.